

PLANNING ÉTÉ 2017 RENTREE

| | LUNDI | MARDI | MERCREDI | JEUDI | VENDREDI | SAMEDI | Dimanche |
|-------|--------------|--------------|--------------|---------------|--------------|-------------|----------------|
| 9h15 | AQUANRJ | AQUADYNAMIC | AQUABUILDING | AQUASTEP | BIKE RUN | | |
| 10h15 | AQUABUILDING | AQUABIKE | AQUANRJ | AQUABIKE | DYNAMIC | BIKE-RUN | BIKE RUN 10h45 |
| 11h15 | BIKE-RUN | BIKE RUN | AQUASTRETCH | AQUACROSSFIT | CROSSFIT | AQUADYNAMIC | DYNAMIC 11h45 |
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| 12h30 | AQUADYNAMIC | AQUACROSSFIT | BIKE - RUN | AQUASTEP | AQUABIKE | | |
| | | | | | | | |
| 14h30 | AQUABUILDING | AQUADYNAMIC | | AQUA BUILDING | AQUABUILDING | | |
| 15h30 | BIKE - RUN | | | BIKE-RUN | | | |
| 16h30 | AQUABUILDING | AQUABIKE | | BIKE RUN | | | |
| 17h30 | DYNAMIC | AQUASTEP | AQUACROSSFIT | BIKE-RUN | AQUABIKE | | |
| 18h30 | AQUA NRJ | AQUABOXING | AQUABUILDING | CROSSFIT | BIKE -RUN | | |
| 19h30 | BIKE -RUN | BIKE RUN | BIKE RUN | DYNAMIC | AQUACROSSFIT | | |
| 20H30 | | | | BIKE-RUN | | | |

Marc
 Caroline
 Soffien
 Joanna
 Jeremy